

Tool 2 – Ice Breaker Questions

These questions are meant to support relationship building through learning something personal about the person who is answering.

1. When do you get angry?
2. If you had to move and could only take three things with you, what would you take?
3. Do you ever feel lonely? When?
4. What one quality do you look for most in a friend?
5. What is the best advice you've ever received?
6. What does freedom mean to you?
7. Share something you fear.
8. Name ten famous people you would like to have for parents and why.
9. If you received \$5,000 as a gift, how would you spend it?
10. What is your favorite sport and why?
11. Talk about a happy marriage.
12. When was the last time you cried, and why?
13. If someone could give you anything in the world for your birthday, what would you want?
14. What four things are most important in your life?
15. What kind of trophy would you like to win?
16. Share a time in your life when you were embarrassed.
17. What would you do if you had a "magic wand"?
18. If you were lost in the woods and it got dark what would you do?
19. How would you describe yourself to someone who does not know you?
20. Talk about birthdays.
21. Make a statement about beauty.
22. Tell about the neatest birthday present you ever received.
23. What do you like to do in your spare time?
24. What do you dislike most about yourself?
25. What is one of your hobbies?
26. What do you like to day-dream about?
27. If you were told you have only one week to live, how would you spend it?

28. Tell about something beautiful.
29. Describe a happy family.
30. What seems to complicate your life?
31. What would you do if you found \$1,000 in a vacant lot?
32. What is the worst thing parents can do to children?
33. Talk about one of your bad habits.
34. What really turns you off?
35. What do you think about when you can't fall asleep?
36. What is something you can do well?
37. Share a time when you had hurt feelings.
38. Talk about "goose bumps."
39. If you could change your age, what age would you rather be?
40. If someone were to write a book about you, what would the title be?
41. What talents do you have (don't be modest)?
42. What do you like most about yourself?
43. Tell about a funny experience.
44. How do you feel when someone laughs at you?
45. Describe the ideal father.
46. Tell about a time when you felt proud of yourself.
47. Say something about policemen.
48. When do you feel sad?
49. What is your favorite food?
50. Describe the best teacher you've ever had.
51. What do you look when you get angry?
52. Say something about jokes.
53. When you are alone and no one else can see or hear you, what do you like to do?
54. Share one of the happiest days of your life.
55. If you could become invisible, where would you like to go?
56. What do you do when you are alone?
57. Talk about a time when you were very irritated.

58. What kind of people are the luckiest people in the world?
59. What do you think your friends say about you when you're not around?
60. Describe the ideal mother.
61. What kind of animal would you like to be and where would you like to live?
62. What is your favorite room in your house and why?
63. Give three words to describe how you are feeling right now.
64. Describe your best friend.
65. What would you like to do to become famous?
66. What TV or movie star would you like to invite to your birthday party?
67. If you could take only three people with you on a trip around the world, who would you take with you?
68. What do you think the ideal age is? Why?
69. Tell about someone you respect and why.
70. Who or what makes you feel guilty?
71. What advice would you give a younger brother or sister about life?
72. What was the most difficult thing you have ever said to someone you loved?
73. Tell about a time you hurt someone.
74. What is something you'd like to accomplish before you die?
75. What do parents owe their children?
76. What do children owe their parents?